

## **Family Road Trip Packing Checklist**

Be ready for anything with this comprehensive road trip packing list. Check off each item as you pack, and enjoy peace of mind on the road.

### **FAMILY ESSENTIALS**

- Driver's license (for all adult drivers)
- Car registration & insurance card
- Emergency contact sheet (with key numbers)
- Health insurance cards
- Family passports/ID (if crossing borders)
- Cash & credit cards
- Prescriptions (enough for entire trip)
- Allergy medication, inhalers, Epi-pens
- Small first aid kit (bandages, antiseptic, tweezers)
- Pain relief (for kids/adults)
- Travel sickness remedies

### **COMFORT ITEMS**

- Travel blankets (one per person)
- Favorite stuffed animal/toy
- Small pillows
- Comfort hoodie/blanket
- Cozy socks or slippers
- Nightlight for hotels/campsites

### **SNACKS & FOOD**

- Cooler with ice packs
- Ready-to-eat fruits (pre-sliced apples, grapes, clementines)
- Cheese sticks or babybel
- Pre-packed cut veggies
- Whole grain crackers, pretzels
- Trail mix, granola bars
- Treats (gummies, cookies)
- Reusable water bottles for everyone
- Travel mugs for coffee/tea
- Trash bags and snack baggies
- Wet wipes for hands/cleanup

### **IN-CAR ENTERTAINMENT**

- Tablets/devices (loaded with movies, audiobooks)
- Device chargers & backup battery packs
- Headphones (one per child)
- Magnetic travel games
- Coloring books & crayons/markers
- Notebooks or sketchpads
- Mad Libs or road trip bingo
- Small surprise toys/goodies

### **CLOTHING & LAYERS**

- Complete outfits for each day (per person)
- Extra clothes (at least 1 set per child)
- Warm layers (hoodies, jackets)

- Rain jackets/ponchos
- Sun hats/caps
- Swimsuits & swim towels
- Sturdy shoes & flip-flops
- Pajamas
- Laundry bag

### **CAR SAFETY & GEAR**

- Car seats or booster seats (properly installed)
- Car seat organizers
- Emergency roadside kit
- Spare tire & jack
- Jumper cables
- Flashlight/headlamp
- Tool kit
- Reflective triangle/flares
- Spare set of car keys

### **CLEAN-UP SUPPLIES**

- Wipes (regular & sanitizing)
- Tissues/napkins
- Paper towels
- Stain remover stick/pen
- Plastic and ziplock bags
- Travel towels
- Hand sanitizer

- Laundry bag for dirty/wet items

### **DIGITAL & NAVIGATION**

- Phone car chargers & cables
- Power banks
- Charging splitter (multi-port)
- Printouts of maps/directions
- Playlist or podcasts downloaded
- Emergency contact info printed

### **GRAB BAG (Keep Accessible)**

- Change of clothes (for accidents/spills)
- Quick snacks
- Wipes/napkins
- Medications you'll need on the road
- Kids' comfort items

### **DESTINATION EXTRAS**

- Sunscreen & bug spray
- Sunglasses
- Picnic blanket
- Travel games/outdoor toys (ball, frisbee)
- Inflatables/buckets (for beach, water)
- Hiking packs (for short walks/excursions)
- Camera/phone with storage space

## **BABIES & TODDLERS**

- Diapers/pull-ups, wipes
- Changing pad
- Portable potty/travel seat
- Diaper rash cream
- Baby food/formula/bottles
- Car Seat/booster seat
- Sippy cups
- Car window sunshade
- Pacifier or calming comfort item

## **Notes & Last-Minute Reminders**

- Favorite blanket or toy packed?
- All chargers & devices loaded?
- Snacks prepped?
- Maps printed/downloaded?
- Emergency contacts saved?

**Tip:** Print several copies so you can check off items during packing, last-minute loading, and before returning home.